

# December Menu

MEALS	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
WEEK 1	BREAKFAST	Sausage country gravy biscuits w/ fruit	Pancakes w/ sausage and fruit	Hot cereal and fruit	Cinnamon rolls w/ bacon and fruit	Scrambled eggs w/ hasbrowns and fruit	French toast w/ hashbrowns and fruit	Muffins Hard boiled eggs and fruit
	LUNCH	Egg salad sandwiches and fruit Ice cream	Taco salad with corn fruit, & salad. Brownies	Spaghetti and meatballs w/ garlic bread fruit, & salad.	Tuna casserole w/ Dinner roll fruit, & salad.	Wild rice soup w/ dinner roll. Fruit, & salad.	Grilled cheese and tomato soup. Fruit, & salad.	Ravioli and cheddar biscuits. Fruit, & salad.
	DINNER	Tuna casserole w/ Dinner roll Ice cream Alt: Sandwich	Bbq chicken sandwich and mixed vegetables Brownies Alt: Sandwich	Chicken Enchiladas and rice Ice cream Alt: Sandwich	Hibachi Chicken with Yum Yum Sauce and Rice Bars Alt: Sandwich	Old World Beef Stroganoff Brownies Alt: Sandwich	Chicken Saltimbocca Peach cobbler Alt: Sandwich	Creamy Tuscan Sausage Pasta Apple crisp Alt: Sandwich
WEEK 2	BREAKFAST	Scrambled eggs w/ bacon and fruit	Deluxe waffles w/ sausage and fruit	Sausage country gravy biscuits w/ fruit	Egg casserole w/ hashbrowns and fruit	Cinnamon rolls w/ bacon and fruit	Hot cereal with eggs and fruit	Waffles w/ sausage and fruit
	LUNCH	Sloppy jos w/ fries. Fruit, & salad.	French dip w/ potato wedges. Fruit, & salad.	Taco salad with corn. Fruit, & salad.	Chicken noodle soup w/ garlic bread. Fruit, & salad.	Grilled cheese w/ tomato soup. Fruit, & salad.	Chicken salad sandwiches w/ onion rings. Fruit, & salad.	Turkey sandwiches w/ fruit. Fruit, & salad.
	DINNER	Asiago Ranch Chicken w/ Roasted Potatoes Alt: Sandwich	Sheet Pan Roasted Garlic Chicken Alt: Sandwich	Crispy Orange Chicken with Rice Alt: Sandwich	White Chicken Chili with Cheddar-Jack Cornbread Alt: Sandwich	Bourbon Glazed Wild Rice Meatballs w/ Garlic Mashed Alt: Sandwich	Baked Ziti with garlic bread and steamed vegetables Alt: Sandwich	Honey Ginger Shrimp with Jewelled Rice Alt: Sandwich
WEEK 3	BREAKFAST	Scambled eggs w/ bacon and fruit	Cinnamon rolls and fruit	Scrambled eggs w/ sausage and fruit	French toast w/ hashbrowns and fruit	Sausage and gravy w/ biscuits Fruit	Waffles w/ hashbrowns and fruit	Hot cereal w/ hard boiled egg and fruit
	LUNCH	Mac and cheese with green beans. Fruit, & salad.	Chile and corn bread w/ side salad. Fruit, & salad.	Beef tacos w/ rice. Fruit, & salad.	Hot dogs w/ potato salad. Fruit, & salad.	Sloppy jos with mashed potatoes. Fruit, & salad.	French dip w/ onion rings. Fruit, & salad.	Pizza w/ potato wedges. Fruit, & salad.
	DINNER	Family Style Chicken Pot Pie Alt: Sandwich	Linguine Shrimp Scampi Alt: Sandwich	Skillet Pot Roast Alt: Sandwich	French Onion Pasta with Braised Beef Alt: Sandwich	Sheet Pan Lemon Rosemary Chicken & Potatoes Alt: Sandwich	Wine Country Meatloaf with Garlic Mashed Potatoes Alt: Sandwich	Waffle Crusted Chicken with Cheddar Mashed Potatoes Alt: Sandwich
WEEK 4	BREAKFAST	Pancakes w/ sausage and fruit	Oalmeal and fruit	Waffles w/ bacon and fruit	Scrambled eggs w/ hasbrowns and fruit	Cinnamon rolls and fruit	Muffins Hard boiled eggs and fruit	Pancakes w/ sausage and fruit
	LUNCH	Chicken salad sandwiches w/ corn. Fruit & salad.	Hot dogs w/ baked potato. Fruit, & salad.	Sloppy jos and fries. Fruit, & salad.	Chicken pot pie and biscuits. Fruit, & salad.	Beef stroganoff and baked potato. Fruit, & salad.	Bbq tacos and fries. Fruit, & salad.	Italian pasta salad w/ green beans and fruit. Fruit, & salad.
	DINNER	Chicken and Vegetable Lo Mein Alt: Sandwich	Hot Open Faced Roast Beef Sandwiches with Mashed Potatoes & Gravy Alt: Sandwich	Pork Chops with Three Cheese Potatoes Alt: Sandwich	Bourbon Bacon Pulled Pork with Mashed Potatoes Alt: Sandwich	Skinny Chicken Fettuccine Alfredo Alt: Sandwich	Walnut Crusted Whitefish with Roasted Parmesan Green Beans Alt: Sandwich	Creamy Sausage Tortellini Soup Alt: Sandwich

All meals are served with a choice of:  
Milk, water, and juice.

